

Snohomish County Reclaiming Futures 2013 Annual Report



Kathy Haggerty, Project Director
Reclaiming Futures
2013
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Message from Project Director Kathy Haggerty

Vision and Imagine, exciting and catalytic words, truly powerful beacons when put to good use. In 2013 we started with a 2-day workshop to learn a new model for creating a vision: We decided on what we all wanted as a community, ‘painted the picture,’ imagining our ideal community and what we want for all of our kids. We did not let ‘possible’ or ‘probable’ to enter the conversation. We wove our Vision into the Reclaiming Futures proven 6-step model, and then we set about as teams: Fellows Leadership, Change Team coalition, and supporters from every corner, to achieve a number of objectives to move towards our Vision. This report speaks to this, as spoken from our Fellows Leadership Team, our kids, Change Team leaders, and a special message from a parent.

I am proud of our team’s efforts – we are making a difference locally as well as nationally through our collective leadership, which is the true spirit of Reclaiming Futures as a national learning collaborative. The Visioning process will be a central message at the upcoming national leadership conference as a guide for sites who may need that beacon. One community tries something, we all learn and grow from them, and adapt it to each unique community. Community by community across the nation we are improving our systems of care for kids with substance abuse and mental health issues who are involved in the juvenile justice system and beyond.

Reclaiming Futures *is* making a difference in Snohomish County! Partnerships are increasing; new relationships are forming and strengthening. This is leading to greater openness, trust, teamwork across systems, which is the key to large scale change and achieving results. *But we are not done!* Our grant cycle concludes at the end of September 2014, we need to sustain the gains achieved and keep our momentum growing. We are working on implementation of our first teen recovery house in Snohomish County, working together to have a single, universal drug and alcohol screening and assessment and sharing that information with each other to reduce “assessment fatigue” and duplication of efforts, strengthening our budding mentor program, and much more.

We need everyone’s help, wherever your authority, talents, interests and abilities lie: Policy changes, funding, systems integration, joining our Change Team, volunteer artists/musicians, and job shadowing & internship opportunities for our kids, or as a caring adult (mentor). *Imagine what we would accomplish if everyone in our community got involved in some way with Reclaiming Futures...*

RF Project Directors are like conductors of a symphony, without musicians there is no symphony. It is the Fellows, Change Team and community who are the musicians and make the beautiful music, each playing their part in their own way at the right time. If you haven’t played in our symphony yet, we ask you to read on, read our Vision, and join us in making Snohomish County the model RF site in the country.



Message from Judge Bruce Weiss - Justice Fellow and Juvenile Offender Drug Court Judge through spring 2015

What a year 2013 was for RF! We have solidified our Fellows by adding new Fellows to assist with making system-wide changes in Juvenile Court, and which will also assist with future sustainability through a succession plan. New Fellows include: Mike Irons from Probation; Allen Hilderbrand from Detention; Tara Barnard from Catholic Community Services and Judge Marybeth Dingley. We also saw the entire group of Fellows continue to make our vision a reality through the leadership of Kathy Haggerty, our Project Director.

As the Juvenile Offender Drug Treatment Court Judge, a personal goal of mine since I started in that role was to develop and sustain a Mentorship program for our youth. Through the hard work and dedication of Steve Strickler, one of our Community Fellows, in 2013, we created an operational and budding Youth Partner Program. Steve has attended Drug Court virtually every Friday with a number of people interested in becoming Youth Partners. We are matching the youth with positive adults who share similar interests. We had our first big Youth Partner/youth bowling event in 2013. We learned a lot from this event and everyone who attended reported having a good time. One thing we learned is we need more regular contact between the youth and potential youth partners. As a result, in 2014 we are planning to have Youth Partners stay after court to participate in game nights. This will be in an informal setting, with snacks provided, to continue to help build the relationships.



Judge Bruce Weiss and the Juvenile Offender Drug Court Team in staffing

There have been several significant accomplishments at Juvenile Court. When I started there were territorial issues which prevented Juvenile Court Probation and Drug Court from working most effectively to create better outcomes for our youth. Through the leadership of Shane Nybo, Mike Irons, and others, those walls are being knocked down resulting in Court Services and Drug Court working more effectively and efficiently to serve the needs of our youth. This would not have been possible without the implementation of Reclaiming Futures and all the work we have done as a group since the inception of this systems change initiative.

In 2013, the Fellows, Change Team, and all the Court employees working with justice involved youth have embraced their roles in this systems change initiative and the atmosphere and energy has changed from a perspective of indicating “why we cannot do this” to one of “what barriers do we need to overcome to get this accomplished.”

I am proud of all the work, commitment, energy and support we achieved for RF in 2013 and am excited to continue to move forward in 2014 and future years to continue to improve results for our kids and our community.

What is Reclaiming Futures in Snohomish County?

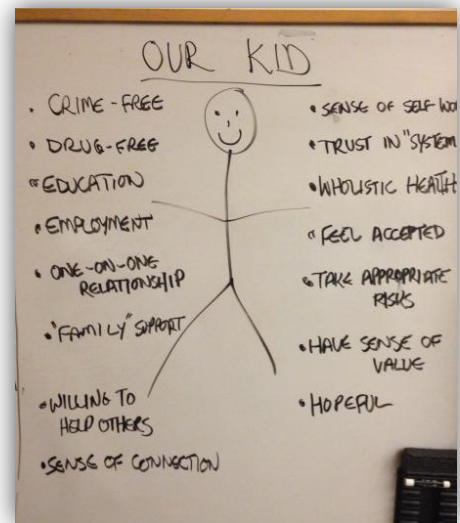
"More Treatment, Better Treatment, Beyond Treatment."

Reclaiming Futures started in 2000 in 10 pilot sites around the country, since that time the movement has grown to 39 sites nationwide. Snohomish County was awarded grants from 2010-2014 by the Center for Substance Abuse Treatment (CSAT), which is part of the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Administration (SAMHSA), and the Office of Juvenile Justice and Delinquency Prevention (OJJDP) which have helped enhance our Juvenile Drug Courts and implement the Reclaiming Futures model locally.

We have also received annual technical assistance from the National Program Office of Reclaiming Futures with grants from the Robert Wood Johnson Foundation. This technical assistance money in 2013 helped us to create our Juvenile Justice Mentor Program, who our kids call "Youth Partners."

Reclaiming Futures uses a proven six-step model to break the cycle of drugs, alcohol, and crime in communities across the nation! Screening at the earliest point of entry with evidence-based tools, quickly referring kids to full assessment with evidence-based tools when screening indicates, developing a coordinated treatment plan inclusive of parents, initiation and engagement with treatment, and finally, transitioning the youth and family to community supports as treatment and justice involvement conclude.

The Reclaiming Futures model uses a team approach to unite juvenile courts, probation, adolescent substance abuse treatment, and the community to reclaim youth. Together, we are working to improve drug and alcohol and mental health treatment and connect teens to positive activities and caring adults.



A Vision for Our Community

"Picture this...it's January 25, 2015 and it is officially designated as 'Reclaiming Futures Day in Snohomish County' during National Mentor Month.

We have achieved the lowest juvenile crime rates in our history and the country, particularly those which are alcohol and drug related. Our kids in Snohomish County are drug free, have a sense of self-worth, are engaged in education and/or employed, have at least one, one-to-one relationship with a caring adult, have 'family' support (as they define the word family), are willing to help others, have a sense of connection, trust in 'the system', are healthy in a holistic way, feel accepted, take appropriate risks, have a sense of value, and are hopeful. They have a positive vision for their life."

Read the full version of our [vision](#) created by the community of Snohomish County and **save the date for our Reclaiming Futures Celebration: Thursday, January 22, 2015.**

2013 Timeline of Accomplishments & Highlights

January

- Visioning Workshop and Vision created by Change Team and Fellows Leadership

February

- Reclaiming Futures National Office films 3 of our kids for video project as a result of PAIR Program
- Change Team works on Vision draft to ensure thoroughness, clarity, inclusivity
- RF brochure created to aid in communications; RF webpage enhanced

March

- Change Team continues to work on Vision draft to bring to final document

April

- Vision finalized and Change Team divides into Committees: Justice, Education/Employment, Pro-Social Activities, Treatment workgroups

May

- Fellows finalize *Operational Guidelines* to aid in structure/sustainability of Reclaiming Futures

June

- Cultural Competency discussion
- Change Team member Morgan Dotson of M&I Recovery steps up to begin working on Teen Recovery House in Snohomish County
- PAIR data shows remarkable results in increasing kids connection to adults and their community

July

- GAIN-SS implemented in Detention; universal screening tool in place at Juvenile Court
- Change Team hosts Deborah Feldman, researcher, who along with her team is looking at why our kids drop out of school from *the youth's* perspective

August

- Guy Cadwallader, Jr. chosen to participate in youth leadership panel as part of the Faces & Voices of Recovery Conference in Washington, DC

September

- Reclaiming Futures participates in "Recovery Reigns" as part of Recovery Month

October

- 1st Mentor Program Training held; 20 caring adults trained
- Systems 101 Conference held at New Life Center courtesy of Drew Barnhart

November

- Change Team hosts community discussion on impact on community norms as a result of the new marijuana legislation
- 2nd Mentor Program Training held; 12 more caring adults trained as mentors
- CCS receives 1/10th of 1% funding for staff to provide services in Detention

December

- Bowling Event – Youth Partner Program(Mentor) starts



Meet Mia Flores- A Reclaiming Futures Youth – by Britt Romero

Q: Tell me a little bit about your life before Drug Court.

A: When I was 15 years old, my mom kicked me out. I was on the streets for about 1 year, in a very dysfunctional relationship and addicted to several drugs. I was suicidal as well- I didn't see anything other than drugs for myself.

Q: Looking back on Drug Court, what was that time like for you?

A: I absolutely loved it! I have always needed someone to show me my worth; I have a hard time seeing it on my own. I had support in Drug Court; there was always someone there to give me that extra push. It was like a big family, everyone there had my best interests at heart.

Q: Tell me about your life after Drug Court.

A: Like taking a step back to reality. I had to take what I learned in Drug Court and use it on my own! Life was really different at first, almost like being sent out into the wild. I got my GED and a job. I felt like I had a purpose, there was something better for me. Family is my main focus right now; I'm helping take care of some family members in need.

Q: How are you giving back to the community?

A: I now put others first, when I was using it was always about me. I now think about the long term effects of my actions. I took the mentor training provided by Reclaiming Futures. I'm excited to use my past experiences in a positive way and mentor others!

Q: What did making the RF video mean to you?

A: It gave me the opportunity to share my story.

I'm hoping that it will help someone in a similar situation. I want them to know that they aren't the only one; there is something else out there for them.

Q: Tell me about your relationships. Who are they? What do they mean to you? How valuable are those relationships?

A: Henri Wilson! She has stayed in contact with me. There has been significant growth in my relationship with her and growth in myself through that relationship. She saw me through the whole process and helps remind me of the positive changes I have made.

It is great to have reassurance from someone else. That opinion really matters. They see the positives and keep you on track. Very valuable to have that person- especially when you are hard on yourself like I am.

Q: What are your plans for the future? Goals?

A: Stay clean and sober, most importantly. I want to move into my own place and move on with my life. In the short term I want to be at a comfortable place working on those long term goals.

Q: Tell me about your photography. What do you connect with when taking pictures? Is it a hobby or something more?

A: I would love for it to be a second career. I want to be a writer first. Photography helps me get out of my head. I like to take portraits so

that I can focus on portraying someone else on film. I also like to take pictures of awkward beauty, not the status quo. I like to photograph things that have a meaning, and make a statement.

As far as writing goes, I want to do inspirational writings. I have written a few short stories,

mostly my experiences with names and locations changed.

I wrote a poem that is very special to me as well; it reminds me of what life was like before...

Ate Me Alive

**You brought the demons from within to play.
You laughed watching the pain I caused loved ones;**

THROUGH MY EYES.

**My insanity and hatred was your tasteless pleasure.
You shivered with joy every time I picked my skin apart.
Your ambition was my lonely spiral to death.**

YOU ATE ME ALIVE;

**From the mind, to the body, and to the soul.
Disloyalty and lust were your attributes that you instilled in me.**

I LOOKED INTO THE MIRROR AND SAW ONLY YOU.

**I was your servant, you were my monster. I was doing your evil deeds.
I was right where you wanted me; lost.
I could not find the path I came from that led me to destruction.**

YOU LOVED THE NEW ME.

**I could not have made you any more proud.
I felt your deep smile every time I picked up the bubble.**

FROM THE TRUTH I COULD NOT HIDE.

-Mia Flores-

**Methamphetamines rips who we are in every respect, I am one of its soldiers, but unlike most
I am fighting against my demons; they will no longer have control over me.**

From Community Fellow Michele Rastovich

The Social Development Strategy Model tells us that our youth need opportunities, skills and recognition. Snohomish County Reclaiming Futures (RF) projects are doing just that – providing pro social activities and opportunities for our kids to build attachments to their communities. But the model also tells us that young people need healthy beliefs and clear standards demonstrated by families, our schools and our communities. With our partners, RF is working to ensure our kids are embraced by a community and a network of providers with an understanding of history, trauma, and positive youth development.

We believe that all youth should have academic success and the opportunity to move on to secondary education, vocational training, or meaningful employment. This year, we increased our understanding of local education and employment resources and opportunities; an *Education Program Resource Notebook* was developed for the Denney Detention units; a *Transition Facilitator*, an *Education Advocate*, and a *Transition/Re-entry Coach* are firmly in place at Denney, thanks to *Northwest Educational Service District #189*; and the *WorkSource Youth Center* is providing *Job Readiness workshops* at Denney once a month.

For some youth, returning to public school is not a solution, and earning a GED is the best option for future success. **Out of 148 WorkSource Youth Center GED graduates, 56 were involved with drug court, the juvenile justice system and/or substance abuse treatment.** More than 800 family members, caring adults, and community partners watched graduates walk across the stage last June and were inspired by Judge Weiss' message to these courageous young people to not be defined by their past, but instead, to set high standards for themselves. WorkSource Youth Center also

helped 131 at risk youth become employed or go on to post-secondary education

We also believe our kids deserve to live in a community where they are treated with respect, inclusive of differences. In June, 50 Change Team members, Denney staff, and community partners attended a ***two-day discussion on cultural competency*** and learned that becoming culturally competent is not about taking a training or two – it is a *lifelong learning process*. RF and Snohomish County Superior Court are committed to that process and are continuing the sometimes difficult, but always important, discussions.

We believe *the systems that serve our kids need to work together* to insure seamless service delivery. In October, more than 120 professionals and community volunteers joined in a one day Systems 101 Conference. With presentations by Change Team members, Denney staff, and our partners from Snohomish County, TeamChild, DSHS Children's Administration, Catholic Community Services, Center for Human Services, Venture 51, and Cocoon House, we learned about navigating complex systems and about working across disciplines. As we learn more about the implications of Adverse Childhood Experiences and trauma, and the need for a responsive, informed network, Reclaiming Futures continues to coordinate these conversations.

We believe public policy should support our kids, but sometimes our policies are confusing when defining healthy beliefs and clear standards. The deregulation of



"There is no power greater than a community discovering what it cares about. Ask 'What's possible?' not 'What's wrong?' Keep asking."

Margaret Wheatley, Turning to One Another, Simple Conversations



"This program is only sustainable with the support of our community partners and elected officials. I sincerely urge your continued support for 'Our Kids' – donate to Youth for Christ Juvenile Justice Mentor Program or contact me to become involved."

alcohol and the legalization of marijuana are two examples. The 'special edition' of the November Change Team meeting featured presentations by the Snohomish County Prosecutor's Office and the WA Association for Substance Abuse and Violence Prevention about the realities of the new marijuana legislation. We left there challenged with the understanding that it is up to us, as a community, to ensure our kids receive clear and consistent messages about drugs and alcohol.

Developing healthy beliefs and clear standards in our families, our schools and our communities isn't a program. It doesn't begin and end with a funding cycle. It's a way of life. Reclaiming Futures is committed to that way of life, to keep having conversations, even when they are difficult, and to keep asking, "What's important? What's possible?"

From Community Fellow Steve Strickler

When Reclaiming Future began it was clear that a key component of reclaiming a young person's future was seeing to it that there are positive caring adults in that teen's life. Adults who are trained to understand and to invest in a kid's life are critical.

When RF began in our county, we knew we had to address Mentoring ("Youth Partner"). After several false starts the past few years, the program became a reality in 2013 - and we are now moving forward with our own Snohomish County Reclaiming Futures Youth Partner Program. A key component of the RF model is engaging the community at large to ensure sustainability after the grant money runs out. RF is partnering with

"Venture 51" and "Youth for Christ Snohomish County" to make this program work.

We have sponsored a number of events to help mentors connect with kids. In December, we held a bowling event at Glacier Lanes in Everett. We had almost 100 kids, parents, mentors, Change Team and Drug Court staff present!

At the time of this report there have been three all day mentor trainings that have followed Best Practices to produce Youth Partners for our kids in Drug Court and Juvenile Court. This training has developed 33 people who are now ready to engage our kids. Of those we now have four official matches and several more in the pipeline.



Our Caring Adults at the Bowling Event, Glacier Lanes



Steve trains his third group of Caring Adults at New Life Center

Meet Guy Cadwallader Jr.- A Reclaiming Futures Youth

By Britt Romero

Q: Tell me a little bit about your life before Drug Court.

A: Hard to sum up. It wasn't the most enjoyable way of living. The worst thing I've experienced is being outside in the middle of the night in the cold with nowhere to go. At that point you feel really empty. I didn't really have issues with being on the street, but one night, the wind went right through me. I felt so empty and so alone. That night really changed my life. I could be in the presence of other people, my friends and still feel alone and miserable in my own head. Friends and drugs couldn't fill the void anymore.

Q: Looking back on Drug Court, what was that time like for you?

A: I had a lot of fun! At the beginning, I was really skeptical, I felt like everyone was out to get me. At the end, I had built relationships I never thought I could or would. My PO had become a friend of mine. Even the Judge and I are cool. Drug Court taught me a LOT about life and responsibility. Now it feels like everything is attainable. Things that used to be a big deal to me- aren't anymore. I learned that the things you want to do- your goals- that all rests on your own shoulders, not on others.

Q: Tell me about life after Drug Court.

A: Let me say first that graduating Drug Court was one of the best days of my life. But honestly, the climb of the mountain is better than being at the top. You learn so much about yourself and how to cope on the way up. But I'm definitely not alone now, there are so many people to support me, to check in on me. It's like an 'extreme' support group. They are great!

Q: How are you giving back to the community?



Guy and his mural "Reach - It's Out There"

A: I feel like I can help support other youth who want to talk. I still attend Drug Court functions and help nudge the youth in Drug Court- giving motivation.

I'm also minding my own business, which is something I never used to do. Believe me - that's a service to the community.

Q: What did making the RF video mean to you? What did creating that mural mean for you?

A: I got my story out there. I had a lot to say and finally someone wanted to listen. That goes for both the video and the mural.

Q: Tell me about your mentoring relationships. Who is one of your mentors? What does s/he mean to you? How valuable is/are these relationships?

A: My father, Guy Sr. is a great influence. He showed me that anyone can change no matter how dark their shadow is. He supported me when no one else would. He showed me that he had done everything in his power to help me and that it was my turn to work on me.

Mentoring is a positive interaction with someone who is going to give you an opportunity your average Joe wouldn't - given your past.

Joe and Henri are pretty great mentors as well. They bring an objective perspective to my life.

Q: Tell me about your artwork. What do you connect with while creating? Is it a hobby or something more? What about the new piece you are working on?

A: The process is so important to me. There is something I find very meditative about the type of art I do. There is something super at peace with me when I do it. The idea of painting is

Q: What are your plans for the future? Goals?

A: *I want to reclaim all the opportunities I missed in my past, and make the best of my future. That is something this program has taught me how to do.*



From Justice Fellow Janelle Sgrignoli, Drug Courts

2013: Number of Drug Court graduates: Juvenile Offender 16,
At-Risk Youth 2

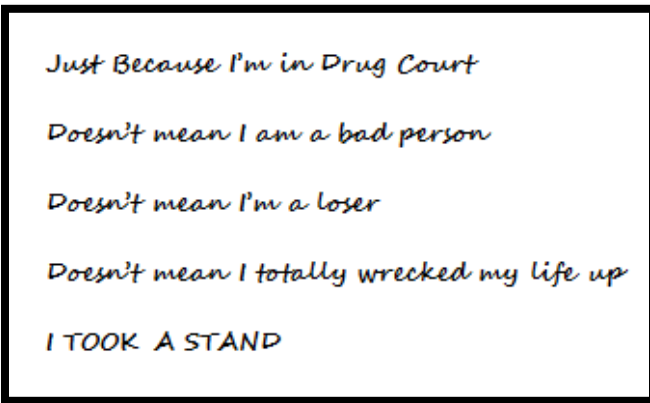
Drug court teams received training on best practices for incentive and sanction programs. Based upon the training, new incentive programs were developed and implemented in both drug courts. ARYDTC is using a point system and JODTC is using a token system. The process is similar in that the youth can earn points/tokens for identified behaviors or goals. The points/tokens are cumulative and the youth can “cash” them in at any time for such items as movie tickets, gift cards, etc. This has proven to be very successful. For example, in ARYDTC, we have struggled to get youth to opt in to drug court. Youth know they don’t have to, but they are also excluded from being incentivized for positive behaviors and goals. Once the point system was implemented, every youth opted in.

One of the ten key components of all drug courts is to ensure that team members receive periodic education and training. Grant funding allowed us to send 2 drug court staff and one judge to the National Association of Drug Court Professionals annual training conference in July. We

were also able to use grant funds to send the JODTC drug court team and a number of RF fellows to the joint RF/Drug Court conference in San Diego in August. Using local funds, we were able to send county staff including Juvenile Probation Counselors, Drug Court Senior, judges and deputy prosecutors to the Washington State Association of Drug Court Professionals annual training. A number of team members including treatment and defense counsel were also able to attend this valuable training.

Both drug courts offered pro social activities for our participants including game nights, bowling, basketball, and summer picnics. These events include members of the drug court team, parents, siblings and friends of the youth and other caring adults. These help to reinforce with the youth that you don’t have to get high to have fun. A number of our participants also participated in the **Promising Artists in Recovery (PAIR)** program, established by the Court’s Probation Division. PAIR offers a chance for youth to work with local artists in a field that interests them. Classes include photography, glass blowing, calligraphy and poetry. These have been very successful, again demonstrating that adults really care about our youth and clean and sober activities.

Journey was successfully implemented this year. We had 5 drug court girls go through the first course and finished a second session which was offered to low risk youth in Probation.



from a Journey participant's "Just Because" activity

As part of our Reclaiming Futures grant, we contracted with the National Center for State Courts (NCSC) to evaluate our Juvenile Offender and At Risk Youth Drug Treatment Courts. We received a report toward the end of 2013 based upon data collected from February 2011 through July 2013. One item we noted was that we need additional programming to address the criminogenic thinking of our youth. We are looking for funding to allow us to establish a young adult (18 to 25 years old) Moral Reconnection Therapy (MRT) group to address this issue. MRT has been shown to be extremely successful with drug court populations.

Journey- Girl's Group by Jamie Reed

In 2013 Snohomish County Juvenile Drug Court and Detention Alternatives Program partnered to develop Journey, a Gender Responsive Program for girls. Journey is an 8-12 week program utilizing the *One Circle Foundation Curriculum* and focusing on Relationships with Peers, Body Image, and Path to the Future. This program creates a supportive environment for girls to strengthen their self-confidence and encourage expression of themselves through creative activities and group discussion.

The Mission of the Snohomish County Juvenile Court Journey is to provide girls (13-18 years of age) involved with the Juvenile Justice System within Snohomish County, a gender-responsive program that provides the opportunity for them to develop skills that will enhance their ability to successfully connect in their community and improve their lives.

Journey promotes maintaining connection with women in the countering trends and allowing self-verbal sharing and Each week a group similar in age and with a facilitator(s) one another about interests. The girls themselves through activities such as



Zahraa, Journey Graduate

playing, poetry, drawing, collage, etc. The group themes relate to the girls' lives i.e. body image, healthy relationships, friendships, goals, and decision making. Journey completed two sessions in 2013 with eight

self-esteem, authentic peers and adult community, towards self-doubt, expression through creative activity. of six to eight girls, development, meet to talk and listen to their concerns and are able to express creative or focused journaling, role

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graduates. ARY and Offender Drug Court girls completed Relationship with Peers and the Low Risk and Diversion girls completed Body Image.

The next session of Journey began in January 2014 with nine girls enrolled and the focus was on Relationship with Peers.

*Just Because I've been locked up
Doesn't mean I'm gonna go back
Doesn't mean I don't regret my past
Doesn't mean I'm not a good person
Doesn't mean never gonna change
I AM A GOOD PERSON!*

During the "Relationship with Peers" session the girls express themselves through "Just Because" poems. The poems state assumptions people make about the girls and then how the girls see or feel about themselves.

*Just because I did drugs
Doesn't make me who I am
Doesn't make me any less of a person
Doesn't show my true self
I ALLOWED TO MAKE MISTAKES*

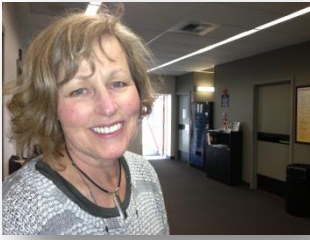


From Justice Fellow - Mike Irons, Probation

It was more than seven months since the initial program evaluation for the PAIR (Promising Artists in Recovery) program was completed. The PAIR program evaluation included the first

five workshops (the final workshop ended on 3/30/13). There were 30 youth (n=30) included in the program evaluation and it has been 10+ months since the youth completed the PAIR workshops. Three of those PAIR participants were subsequently adjudicated/convicted of at least one felony following their completion of the PAIR workshop, while seven youth were later adjudicated/convicted of at least one misdemeanor/gross misdemeanor. This equates to a 23.3% misdemeanor recidivism rate and a 10% felony recidivism rate.

It should also be noted that of the eight youth that participated in two or more PAIR workshops, none of those youth have been convicted/adjudicated for a misdemeanor or felony offense since their participation in the program (**100% of these multi-PAIR workshop participants have remained crime free!**). [Note: For more detailed information about Probation & Detention in 2013, click [here](#)]



From Henri Wilson, PAIR (Promising Artists in Recovery) Coordinator

"The way is long and not without some very sad moments, but the gifts you give these youth through funds and support may quite possibly do even more than we hope."

A key element in 2013 was that we had a good, consistent, high percentage of youth who stayed with the classes and were well engaged in the personal interactions and the class processes. The youth seem to realize they are getting the opportunity to participate in quality programming.

January began with a photography exhibit at the *Schack Art Center*. This included an opening event followed by dinner at Mark and Annie Mulligan's apartment in Art Space. There was an orientation for calligraphy class followed by an 8 week calligraphy program at the Everett Public Library taught by Brigitte Hefferen. The work from that successful endeavor was shown in the glass case at the library and later in the *Schack Emerging Artists Gallery* for the month of May along with more photos and blown glass from PAIR. We have been invited to continue to display in that space each May. That exhibit includes work from the Schack's Denney School Art Alternatives project as well.

Calligraphy progressed into March with the students enjoying Judge Weiss and Shane Nybo working right along with them in wrestling with pens and letter forms. At the end of March youth participated in beginning glass blowing for four weeks. The glass was in the May Schack exhibit and that opening was nicely attended by court and community guests who interacted well with the kids. ***Mid-year we were able to***

receive a \$5000 grant from the Howarth Trust which enabled us to continue to do glass workshops, give an honorarium at times to student assistants, and include some students who graduated from formal court involvement and couldn't be funded under Miller Trust guidelines. Howarth Trust also covered costs for the matting and backing of the fall photography exhibit pieces.

"The class also reinforced the convictions I have that a main qualification for instructors must continue to be a certain "qualifying attitude and understanding" of our youth and embracing of the Reclaiming Futures vision and commitment."

In May we began a drawing class. Due to scheduling difficulties on two evenings, substitute instructors were used and the whole experience served to increase awareness that there is a broad range of meaning when promising artists say they want to learn to draw! The class also reinforced the convictions I have that a main qualification for instructors must continue to be a certain "qualifying attitude and understanding" of our youth and embracing of the Reclaiming Futures vision and commitment.

In late May, we met with a member of the Reclaiming Futures National Office in Portland who was researching and observing what the

PAIR model is attempting. Mike (Irons) has also continued with his measurement of PAIR strategy and results and we are currently beginning the process of standardizing and creating a PAIR manual so that it might be replicated in other communities. Later this year we also both discussed this project with a Clackamas County Arts Alliance representative who is working to develop and expand similar programming.

"The second half of year there seemed to be an identifiable group closeness and personality developing. I saw the more experienced youth distinctly influence newer students' behavior when irresponsible choices were a possibility during glass fusing."

In June a second group of photos was hung at Denney with a student helper's assistance. Drawing class finished in July, and in August we delivered one of our PAIR students who had done a public art commission (Guy Cadwallader Jr.) through the Snohomish County Arts Commission, to SeaTac to board a plane to participate on a youth leadership panel in Washington DC as part of Reclaiming Futures

September and October we held our third photography series with Annie Mulligan. On the final evening of that class, the exhibit at the library opened upstairs and later the class members shared a pasta dinner with guests and gave articulate presentations about being in the class and their exhibit pieces upstairs.

In November we hosted our first fused glass workshop on four consecutive Tuesdays at the Schack with Stacey King. Students kept the first three weeks of glasswork as holiday gifts and the final week made two larger group collaborations which will soon be at Denney on display. We heard some happy responses from recipients of some of the glass gifts and reactions to the group pieces were strong from those who viewed them as part of an exhibit we had at Bookends Coffee Shop connected to the library. That show lasted 6 weeks and included a broad range of previous and current Miller Trust and Howarth Trust funded art. The intent and description of that showing was to give the public a broader view of our scope and the varieties of gifts in our youth. The coffee shop owner gave very positive feedback herself and reported a strong positive public response.

There were other moments that told me growth was occurring. Eight students continued from photography into glass. The youth seemed more connected to each other and to the adults who were involved as instructors or participants.

From Music Futures Program Roger Pawley, Snohomish County Music Project

The purpose of the Snohomish County Music Project (SCMP) Music Futures Program is to use music as a form of neurologic intervention to relieve stress and improve the quality of life for vulnerable and underserved populations in Snohomish County. Phase one of the program began in May 2012 for youth referred to SCMP through Reclaiming Futures as well as other partner organizations. The primary outcome is to improve mental, emotional and psychological health for adjudicated and at-risk youth.

While we were unable to serve as many youth as we'd originally hoped due to funding complications, we consider this year of the Music Futures program to be a great success providing plenty of opportunities to strengthen and improve the program.



Of the 39 youth served, 22 (56%) participated with at least 80% attendance and have participated in the final concert which qualifies them to earn their own guitar. Five youth have completed their Senior Project community service hours through Music Futures.

Young man #1: Was failing in school and using drugs. He graduated from the spring session and attended the summer and fall sessions as a peer-mentor intern.

He is now enrolled in Shoreline Community College Music Program to finish high school and has remained drug-free since graduating from our program. After choosing to participate in a Music Futures internship, his parents fully support his passion for music.

Young man #2: Attends an alternative high-school program. He has been in drug treatment five times and has been involved with juvenile court every year since he was 12. He graduated from our summer session and served as a peer mentor during the fall. He has remained clean and sober and his attendance in school has improved dramatically. His mother reports that his antisocial behaviors have likewise improved. She also reports that Music Futures is the 'only program he has actually stuck with.'

Young man #3: Attends an alternative high-school. He comes from a family of addiction and has always struggled to fit in with peers. Referred by his high school counselor, he graduated from our summer session and interned during the fall. Staff report that he is 'creating positive pro-social peer friendships and positive adult interactions.'

Young man #4: Is supervised in Drug Court. As the spring session concluded he said to our coordinator, "When I'm here, it feels good to be seen as a musician instead of a druggie."

"Breaking Down the Walls" Jamie Reed, Drug Court Programs Sr., Change Team Leader

"Breaking down the wall" has become the figurative phrase used to describe the movement to improve communication between the Juvenile Detention and Probation Departments. Like the Berlin Wall in Germany, the Denney Juvenile

Justice Center has a giant wall separating the Detention and Probation Departments. Over the years the departments and units of Juvenile Court have become disconnected and siloed; focusing on

individual unit needs instead of supporting the entire agency.



Jamie Reed sharing "Breaking Down the Wall" accomplishments with the community

The “breaking down the wall” movement is intended to open communication and promote unity within the two departments while creating a healthy working environment to support the values of Juvenile Court. The Probation and Detention Departments have partnered together to venture down the path of change by encouraging cross trainings, professional development, and unit

2013 Snohomish County Reclaiming Futures Annual Report transparency. Departments have been providing trainings and meetings to educate staff on services, work process, and programs. Detention has monthly meetings to enhance their skills in Motivational Interviewing and learn about Probation programs, such as Aggression Replacement Trainings and Case Management Process. Juvenile Court has invited community treatment agencies to train staff on drug/alcohol services and treatment modalities, such as 7 Challenges.

The continuing professional collaboration and development will support youth and families by providing a unified language throughout service agencies in Snohomish County. Juvenile Court has embraced the philosophy of Reclaiming Futures. The Departments are constantly challenging themselves to improve the internal structure so the agency may best support the vision of “Our Kid” and families of Snohomish County.

From Justice Fellow Allen Hilderbrand, Detention

The year 2013 began with an introduction to change theory through a variety of approaches, which resulted in some very positive relationship building opportunities, as well as program improvements, through consolidation of services. Detention Services had the opportunity to send a staff to the Visioning workshop in January; the workshop itself created an emotional movement within detention that has become one of the driving forces for change.

Juvenile Corrections Officer Amy Stoose has consistently worked and continues to develop a positive and supportive image for Reclaiming Futures. That forward thinking has been contagious as well for all staff in Detention from Management to Line Staff. We have worked together to produce some impressive results in a very efficient timeframe. Listed below are some of the major projects that were started and completed during this last year:

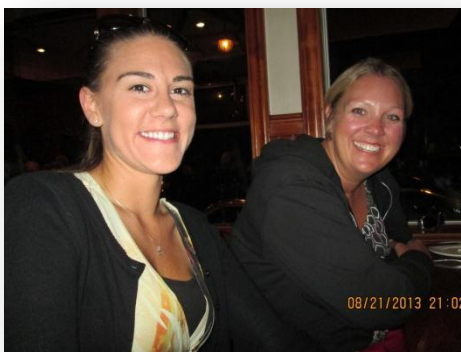


- Organizational flowchart was developed for Detention which encouraged each unit within Juvenile Court to produce their own chart, so now we have a total agency org chart by department.
- GAIN-SS (Global Appraisal of Individual Needs – Short Screen) agency-wide: This evidence-based standardized Drug and Alcohol/Mental Health Screening Tool is now implemented during the intake process with detainees. This change has complemented the intake process and has added texture to the interview.
- Detention Services was asked to produce a presentation that explained Detention Services to the community at the Systems 101 Conference in October. “Juvenile Court 101” was re-born. The staff that were engaged are from each service area within Detention, Detention Alternatives, and Classification as well as Probation. It was an agency-wide collaborative effort.
- Detention Alternatives initiated a vocational skill building opportunity with an experimental aircraft manufacturer (Glasair Aviation) for on the job training in aircraft manufacturing.
- Probation and Detention started sharing both program resources as well as building teamwork through training and staff meetings. We are now learning and enjoying what each other does for a living.
- We had two Detention Staff (Amy Stoose and Damon Scott) complete the first mentor training and have hopes of establishing stronger linkages for the Mentor program.
- All of the current active staff on RF have shared their experiences with the community through community activities and presentations.
- The staff have continued through the monthly RF Change Team meetings to come up with creative ideas. This, in turn, has created a better workplace and enhanced personal and professional growth.

I was very fortunate to be asked to join Reclaiming Futures this year as one of the Juvenile Justice Fellows. I have learned a tremendous amount of information that I use daily and have gained a tremendous respect for the others that have, and continue to, put in the work to see it through. My personal goal for the coming year ahead is to be able to stand up and be more of an influence in the change process and become more consistent with end results

From Treatment Fellow, Tara Barnard “More Treatment, Better Treatment”

Catholic Community Services was awarded a contract through the 1/10% Local Sales



Carmen Woolman, Tara Barnard of CCS

Tax Board which ***allows for a Chemical Dependency Professional (CDP) to be housed in Denney Youth Juvenile Justice Center.*** The CDP will be able to quickly provide assessments and case management with any youth who is detained for any reason. The counselor will provide onsite assessments and link youth to a treatment center if the need is indicated. The counselor will utilize motivational interviewing skills with the youth while also providing assistance and education to the family members of the youth. This position also provides services to youth who are on a diversion matter. They attend a one-time

class which focuses on education and resources for drugs and alcohol.

There are also some new **school based treatment programs** that started this year. There is now a drug and alcohol counselor through Catholic Community Services in Sultan which provides assessments, individuals and groups to youth in Sultan. **Center for Human Services** (CHS) is offering a similar program at Mariner High School. We are very fortunate to be serving so many youth in our local schools and we hope to have even more drug and alcohol counselors in more schools in the next year.

Snohomish County treatment providers had their first fidelity visit for **The Seven Challenges** evidence based program that is utilized in the agencies receiving county dollars. The fidelity visit included a day of

training or check-in; review of required quality assurance documents; journal review and; observation of a youth group at each agency. The fidelity visit went well and we look forward to the next visit in 2014. We also participate in quarterly conference calls with The Seven Challenges staff.

There are numerous changes within the treatment realm with the implementation of the Affordable Care Act and the DSM-V for 2014. We are helping people sign up for healthcare but this can be difficult with our youth as they/we need their parents' information which can be difficult to gather.

In Loving Memory of Evan Robert Block August 20, 1995 - November 8, 2013

By Tracy Pegg, Evan's mom.



Evan passed away at his home in Everett, Washington on November 8, 2013. He was 18 years old. Family was very important to Evan. Like many older brothers, Evan enjoyed teasing his sisters. However, as they grew up and especially over the last four months Evan made a conscious effort to be a kind and loving brother. He wanted to become a better role model to his sisters. He left behind two sisters Ashley (16) and Lauren (11).

Evan loved snowboarding with his best friend David, playing basketball, football, skateboarding, working out and playing his drum set. Recovery had made Evan happier these last four months and he showed it with his kindness. His friends shared he was always smiling and encouraging others. His smile would light up a room and I called him my sunshine.

Evan's road was not always a smooth one but in spite of the obstacles he faced, Evan maintained his love of making plans and a positive outlook on life. The summer of 2011 Evan was hit by a car on his skateboard and broke his elbow. He had to have surgery and little did we know this would change his life forever. Evan was prescribed pain medication which started his addiction to opiates. He went to three inpatient facilities in the last year to try to help his recovery. It wasn't until August of 2013 I felt I had my son back. Evan started drug court at Everett's Denney Youth Center. He felt this was the only way to stay clean and get his life back on track. Evan enjoyed the program and was doing well for himself. He participated in the Photography class offered to him and it gave him something fun and positive to do. Evan was four months and two days clean. On November 8, 2013 I found Evan in his room. My sweet boy had relapsed and died from a Heroin overdose. Our lives will never be the same without Evan. We miss his smile, his laugh and most of all I miss him saying I Love you Mom. Those were his last words to me. I'm truly blessed to say I'm Evan's mother and will continue to help others by sharing his story. Evan will never be forgotten because he was loved by so many people.



Evan's photography, that was on exhibit at The Schack

Thank You to our dedicated 2013 Change Team, you made it happen!

Marina Ball-NWESD; **Tara Barnard**- Fellow; **Jeb Bolton**-DJJC; **Jessica Bustad**-Tulalip Tribes; **Guy Cadwallader Sr.**-Community Member; **Peter Camp**- Snohomish County Executive's Office; **Winnie Corral**-Lutheran Community Services; **Dave Cudworth**-Endeavor Family Counseling; **Tobias Dahl**- Youth; **Curtis Dahl**- Parent; **Amber DeJesus**-DJJC; **Judge Marybeth Dingley**- Fellow; **Morgan Dotson**-M&I Recovery Services; **Morgan Dotson II**-M&I Recovery Services; **Stacey Eberly**-WDCSC; **Angela Fraser-Powell**-NSMHA; **Tim Gahm**- Lutheran Community Services; **Jason Gooding**- Navy School Liaison; **Ramona Graham**- CHS; **Jessica Gurley**- DJJC; **Julie Heijster**- WDCSC **Allen Hilderbrand**- Fellow; **Margie Holloway**-DJJC; **Elysa Hovard**-Cocoon House; **Rebecca Hungerford**- Everett Community College; **Mike Irons**- Fellow; **Sam Irons**- DJJC; **Lisa Kibbee-Hacker**-Tulalip Tribes; **Matt Kolacz**- DJJC; **Susan Krueger**- DJJC; **Mark Lee**- DJJC; **Scott Lingle**- CHS; **Steve Londino**- THS-YFS Everett; **Gary Marks**-Everett School District; **Pat Martinelli**- Private Practice Mental Health; **Nicole McGrath**- Team Child; **Lisa Mersereau**- Community Member; **Tisha Miller**- WorkSource Youth Center; **Annie Mulligan**- Everett Herald Photography; **Patrick Murphy**- Edmonds School District; **Kristy Lee Nahley**- NCFS/DFRC; **Shane Nybo**- DJJC; **Tracy Ollgaard**- WorkSource Youth Center; **Joe Parenteau**- DJJC; **Roger Pawley**- Everett Music Project; **Amy Perusse**- Everett Public Schools; **Michele Rastovich**- Fellow; **Jamie Reed**-DJJC; **Annie Rosentrater**- DJJC; **Todd Schedin**- DJJC; **Damon Scott**- DJJC; **Katherine Scott**-SeaMar; **Janelle Sgrignoli**- Fellow; **Kelly Shepherd**- Sequoia High School; **Joyce Stewart** – Everett School District; **Amy Stoose**-DJJC; **Steve Strickler**- Fellow; **Wendi Thomas**- NWESD; **Judge Bruce Weiss**- Fellow; **Rick Whitehead**- Recovery Services; **Henri Wilson**- PAIR; **Carmen Woolman**-CCS

And to our Core Agency Partners, your ongoing support is INVALUABLE:

The Schack Art Center; The Miller Trust Fund; The Howarth Trust; Youth for Christ; Catholic Community Services; Therapeutic Health Services; Center for Human Services; Everett Public Library; SeaMar Health Services; Snohomish County School District Offices; WorkForce Development Council- Snohomish County; WorkSource of Snohomish County; Snohomish County Music Project; Venture 51; New Life Center; TeamChild; DSHS; Glacier Lanes & Cocoon House.

And to our Change Team/Supporters, always in the wings and doing your part every day for Our Kids~

Sue Ambler, Drew Barnhart, Bill Barrett, Chad Bjerkan, Bryan Brockmann, Minta Buse, Lance Carleton, Bridget Casey, Pattie Catalano, Sue Clossen, Mary Colello, Emily Dagg, John Derousse, Jodie DesBiens, Rebecca Dixon, Guru Dorje, Christy Evans, JJ Frank, Cassie Franklin, Ron Gaudette, Briana Gibson, George Godzik, Gary Haakenson, Leandra Hall, Carol Harkins, Chad Harty, Brice Herrick, Laurie Hindes, Sarah Jackson, Erin Jergenson, Sandra Jewell, Janet Jones, Leigh Kellogg, David Ketchell, Sarah Kipling, Sandra Kiving, Boris Kostrometinoff, Kathy Kyle, Yen Lawlor, Iris Lemmer, Greg Long, Hannah Lunstrum, James Malcom Jr., Kay Matier, Jason McCauley, Kira McGieson, Tyrone McMorris, Greg Miller, Kelli Miller, Bob Mitchell, Pat Moriarty, Kristine Morse, Alisa Myers, Jim O'Day, Scott Pahre, Dana Parisi Hall, Wyonne Perrault, Amy Persell, Mark Ramos, Tim Reeves, Christine Robinson, Midori Santos, Rory Schilling, Emmy Schindler, Lieolani Sheetz, Eilene Simmons, Kurt Simmons, David Small, Mackenzie Soricu, Margaret Soukup, , Chris Sutherland, Natalie Tarantino, Tom Teigen, Ashley Thomas, Ken Urie, Luther Weathersby, Bill Whitbeck, Jeanne Willard

Imagine: If all of our kids had a Vision for their lives.

***Join us! Spread the word ~ we need you. Help us make Snohomish County a model
Reclaiming Futures community in our country.***